

# Services @ MOSS

6-8 School Vennel Maybole, KA19 7DQ  
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01655 884032  
www.may-tag.com



# Newsletter

Issue 1 Oct 07

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Day	Service	Time	Frequency	Appointment Needed	Phone
<b>Outreach Services</b>					
Mon	<a href="#">Trading Standards</a>	10-12	Weekly	No	01292 616060
Tue	<a href="#">North Ayr Resource Centre</a>	10-4	Weekly	No	01292 286785
Tue	<a href="#">Smoking Cessation</a>	11-12:30	Weekly	No	0800 783 9132
Wed	Community Drug Outreach	1-3	Weekly	No	01563 574237
Thu	<a href="#">Alzheimers Scotland</a>	10-12	Monthly	No	01292 318005
Fri	Ayr Housing Aid Centre	10-3	Fortnightly	No	01292 288111
n/a	<a href="#">Women's Aid</a>	n/a	As Required	Yes	01292 266482
n/a	<a href="#">Rape Crisis</a>	n/a	As Required	Yes	01292 611298

<b>Groups using Over the Rainbow</b>					
Wed	Carrick Men's Club	10-12	Monthly	No	01655 884032
Thu	Maybole & District Seniors Forum	1-3	Monthly	No	n/a
Thu	Seniors Forum Lunch Club	12-1	Weekly	No	n/a

For more information about any of these services, or to make an appointment, please contact Maybole One Stop Shop on 01655 884032, or phone them directly using the numbers listed.

If you are viewing this newsletter online, click on the name of service to go to their webpage for more details.

## General Help and Advice

To see a member of staff at Maybole One Stop Shop, please drop in at any time. Our opening hours are 9am-5pm Monday-Wednesday, 9am-7pm Thursday and 9am-4pm Friday. If you would like to make an appointment beforehand, you can phone us on 01655 884032.

Welcome to the first edition of the Maybole One Stop Shop newsletter. The purpose of this newsletter is to keep everyone up to date with developments at MOSS.

Since we opened the service has developed links with a number of agencies and outreach services. We want to make sure that as many people as possible are aware of what we have on offer and can refer clients.



*Committee Members and Staff at the Launch of Maybole One Stop Shop*

**WHAT IS MOSS?**

Maybole One Stop Shop is a pilot project, which is a partnership between Over The Rainbow, Maybole and District Seniors Forum and May-Tag Ltd. We are funded by the Fair Share Lottery Trust.

The aims of the project are to help anyone living in the North Carrick area to access services which are not usually available, to assist with applications for state benefit and citizens advice, and any other enquiries which are related to improving quality of life.

- INSIDE THIS ISSUE**
- Latest News ..... What's new at MOSS
  - Outreach Services..... Who and when
  - New Staff Member..... Our latest addition
  - Featured Service ..... Housing Aid
  - Over the Rainbow..... Available for bookings
  - Family History Centre..... Open in October
  - Skydive ..... Yes, we're throwing Karen from a plane!

### 1000 VISITORS

MOSS recently reached the 1000 visits mark - not bad for 4 months, we think. With nearly 400 registered clients, the project has taken off beyond our expectations, and we are working hard to develop other services which will bring in more clients.

Our lucky 1,000th visitor received a bottle of fizz with our compliments!





## Latest News

**Ayr Shopmobility** have placed a manual wheelchair at MOSS to be hired out. Anyone wishing to hire the chair can do so by coming into MOSS and making a booking. A deposit of £25 must be paid, but is returnable, and the daily rate for hire is £5.

Residents who are travelling to Ayr and hiring Shopmobility equipment, can also be picked up from Maybole in their minibus and taken directly to their office, where they can hire chairs or scooters, do their shopping, and then be taken home in the minibus. To access this service, you need to become a member of Shopmobility, which is only £10 a year.

**Addiction Services** are starting a new community drug outreach service. The drop-in clinic will offer a needle exchange, advice on wound care, blood-borne virus testing and support for IV drug users. They can make referrals to rehabilitation services and help users to be as safe as possible.

**Carrick VIPs** (visually impaired people), recently took a trip to Falkirk. The trip, organised by MOSS, was to allow the participants to try the range of gadgets and gizmos on offer at the Falkirk Sensory Centre.



There is a whole range of equipment available for anyone with a visual impairment, however the cost is often a restriction. MOSS will now be assisting the group to make applications for funding to buy equipment that can be used to make their lives a bit easier. Members of the Girvan Visually Impaired Club also took part in the trip.

**A New Member of Staff** has joined us. Karen Jess, who was on placement with New Deal, has joined the project for 6 months as our Administration Assistant.

**A New Men's Social Club** has been started, with the aims of helping men to socialise, find out about healthy lifestyles and address any issues which they identify as being important to them.



Agnes McGill, MOSS Support Worker and Mary Jeans, Public Health Nurse, assisted in the startup of the group, which is meeting in Over the Rainbow on a monthly basis. Activities include Pub Games (without the pub!) and Healthy Cooking. It is intended to have speakers talking about a range of subjects. Anyone over 18 is welcome to come along.

**Alzheimers Scotland** are offering an outreach on the last Thursday of each month with advice and support for anyone who has, or knows someone who has, Alzheimers. If you have any concerns, or would like to know what support is available, please drop in and speak to Jenny.

**Switched on Communities**, a new service designed to put people with disabilities in touch with computers, has been launched by Momentum, in partnership with PC World and AbilityNet Scotland.

MOSS is to become a partner in the second stage of this project, beginning this month. This will give us access to equipment and training to support users who need adaptations to a standard computer setup.

**Family History Research** can now be done at MOSS. Maybole Historical Society has placed its resources within the project to be used by members of the public who wish to trace their family trees. Census records, headstone inscriptions and microfiche information will all be available for use from mid October.

### KAREN DIVES IN!

Within weeks of starting work with us, Karen is going to take the plunge - from a plane! Along with her friend, Lauren Scott, she is helping to raise funds for projects like MOSS and ACCESS, another May-Tag project, by taking part in a sponsored skydive.

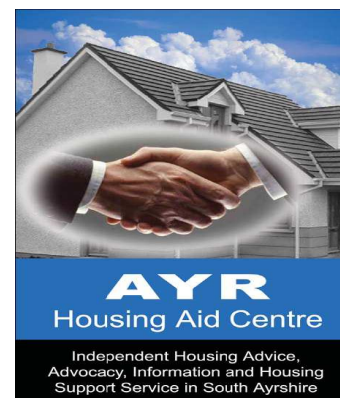
The girls have a fundraising target to meet of £400 each. A small amount of this goes to the company organising the event, but most of the funds raised come straight back so they can be used to further the work of these projects.

The jump will take place in November.

*Karen and Lauren practise for their skydive*



### FEATURED SERVICE - AYR HOUSING AID CENTRE



The Housing Aid Centre gives advice on housing rights. Staff will help tenants, homeowners and homeless people appeal against the Council's, or any other landlords' decisions if they don't agree with them, or if they have been unfairly treated.

Housing Aid can also give advice on any area of housing, including private rented accommodation and your legal rights. The service is entirely independent and funded from a range of sources, and with 20 years experience in providing advice, the range of knowledge is second to none.

An outreach service is available at MOSS every second Friday between 10am and 3pm, where you can speak to John Mulholland, the Centre Manager, about any concerns you have. If your enquiry is urgent, you can use the free phone service at MOSS to call them.

### SOMEWHERE OVER THE RAINBOW...

The Over the Rainbow premises in School Vennel are now available to be hired by community groups or other agencies who need a meeting space.

The premises have been refurbished and have meeting space, a smaller private room and toilet facilities. They can be booked for evening and weekend use by contacting MOSS and completing a booking form.



*The MOSS committee meeting in the newly refurbished Over the Rainbow premises.*