

# Newsletter

Issue 2 July 08



6-8 School Vennel Maybole, KA19 7DQ  
onestopshop@may-tag.com

01655 884032  
www.may-tag.com

Welcome to the second edition of the Maybole One Stop Shop newsletter. The purpose of this newsletter is to help you keep up to date with developments at MOSS.

Since we opened the service has developed links with a number of agencies and outreach services. We want to make sure that as many people as possible are aware of what we have on offer and can refer clients.



*Committee Members and Staff at the first anniversary celebration of Maybole One Stop Shop*

## SOME STATISTICS

Since Maybole One Stop Shop opened at the end of May 2007, we have:

- registered 800 Clients
- had 3500 visits to the project
- generated £115,000 income for clients
- hosted 400 visits to outreach services
- created 2 new jobs and 4 volunteering positions

## INSIDE THIS ISSUE

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## LATEST NEWS

We are now one year old! To celebrate, we invited our clients and partners to join us for a piece of cake and a cup of tea.

It was also a fitting time to mark the opening of the Memorial Garden dedicated to Jock Barr, founder of Over the Rainbow. The garden is being developed from a patch of waste ground behind the project and will become a sensory garden and a little haven of tranquillity for everyone to enjoy.



*Jock's family sitting on the bench in our new sensory garden, dedicated to him*



**Maybole**  
& District  
**Seniors Forum**



**fair share**

Lottery money where it's needed most

## Project Update

### New Seniors Services

We secured funding from Awards for All to employ a part time Seniors Support & Development Worker. Mel Balfour, who also works with us as our part time Support Worker was appointed to the post. She will be working with residents in the area to ensure that seniors have access to the services they need, and that they are well informed about the benefits available to them.

### New Staff at MOSS

We were able to secure some additional funding to extend Lynne Campbell's contract with us. Lynne will be working with clients providing front line guidance on benefit issues and administration support to the project. We are also very fortunate to have added the skills of Irene Moledina to our team. Irene is working with us as a volunteer welfare rights advisor. She has a wealth of experience and will be a valuable asset to us.

**Community Health Addiction Team (CHAT)** now have nurses employed to expand the service they are providing from the outreach in Over the Rainbow

The service is a drop-in and incorporates a needle exchange with advice on hand from support staff and nurses able to test for blood-borne viruses, give advice on wound site care and refer to other support services



### Golden Oldie Movie Club

Thanks to Mobility Aid Services in Troon, who have generously donated a mobile wheelchair ramp, we will be able to open our movie club to more people. Previously access to the premises had been restrictive, but we look forward to seeing more of you coming along to enjoy the blockbusters of yesteryear.

**Carrick Men's Group**, which began a few months ago to provide men with somewhere to chat and discuss health and other issues has moved forward. With the support of Colin Balfour, who has volunteered his expert musical services, the group are meeting at 9:15 every Monday morning for a couple of hours of guitar playing and socialising.

All the staff at MOSS have now been to training sessions showing how to use alternative computer technologies. As part of the **Switched on Communities** Initiative, we have a bank of equipment and can assess anyone who is not able to use a "standard" computer setup, and make recommendations for equipment or software that might help them make the most of ICT to improve their quality of life.



### Sensory Garden

As I mentioned on the front page, we have been working on a sensory garden, dedicated to Jock Barr, for clients of the project to use. Mel has been co-ordinating the work and BTCV have supported us, providing advice, labour and planning expertise.

We have been absolutely overwhelmed at the generosity of local people and companies who have given donations of money and materials towards the project.

The local primary and secondary schools have been involved and volunteers have worked hard to get the project moving.

More details will be available on our website, where we will be keeping a record of developments, and you can see photos of the progress, but we want to say a **big thank you** to all of them. The project would not have been possible without their help.

## INCOME MAXIMISATION

Are you getting everything you are entitled to? If your circumstances have changed recently—a wedding, new baby, redundancy or divorce for example, you may not be aware of help that could be available to you.

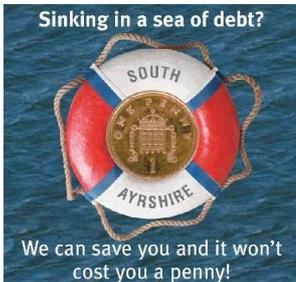
From Working Tax Credits and Child Tax Credits to Pension Credit and Attendance Allowance, we can run a quick check for you, that takes about 20 minutes, and we can let you know if there is anything you are entitled to that you may not have realised.

That's not where it ends either—there are other agencies out there providing support to people depending on their circumstances—you might be able to get help buying new white goods for your home for example, or be entitled to a reduction in your rent or council tax.

Make an appointment with Mel or Irene, and find out what you're missing. Anything you tell us is completely confidential.



## FEATURED SERVICE - TRADING STANDARDS MONEY ADVICE



Last year advisors helped over 1200 South Ayrshire residents dig their way out of debt by helping them establish realistic repayment arrangements with creditors. Advisors can discuss the options available to clients.

### If you've borrowed too much:

- **It's an awful feeling but try not to panic** - many of us get into debt at different times in our lives. The important thing is to recognise that there is a problem - and then get free help and advice from the professionals who can:
    - talk to the people you owe money to;
    - agree future payments that you can afford;
- help you sort out the priority debts (such as your rent or mortgage, fuel bills, council tax or maintenance) and organise your money for the future.



You can make an appointment to see an advisor in Maybole every Monday by phoning 01292 616060 or drop in to the One Stop Shop and we'll phone for you.

## ONE STOP CHARITY SHOP

We would like to take this chance to ask for your support when we take the Maybole Charity Shop for the week beginning 8th August. If you're having a clearout and would like to donate some goods, please hand them in to the office at any time, or if you would like to volunteer to help staff the shop, please phone Gillian.

Anything we make will be put towards upgrading some of the equipment in the project so that we can provide a better service to our clients.

If you can't help this way, why not consider doing your shopping online through our webshop at <http://www.buy.at/moss>, where a percentage of anything you spend will be donated to us. It doesn't cost you anything, and it helps us to raise a few extra pennies while you indulge in some retail therapy!

# Services @ MOSS

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Day	Service	Time	Frequency	Appointment Needed	Phone
<b>Outreach Services</b>					
<b>Mon</b>	<a href="#">Trading Standards</a>	10-12	Weekly	Yes	01292 616060
<b>Tue</b>	Smoking Cessation	10:30-12	Weekly	No	0800 7839132
<b>Wed</b>	Community Health Addiction Team	1:30-3	Weekly	No	01563 574237
<b>Fri</b>	<a href="#">Ayr Housing Aid Centre</a>	10-3	Fortnightly	No	01292 288111
<b>n/a</b>	<a href="#">Women's Aid</a>	n/a	As Required	Yes	01292 266482
<b>n/a</b>	<a href="#">Rape Crisis</a>	n/a	As Required	Yes	01292 611298
<b>Community Groups using Over the Rainbow</b>					
<b>Mon</b>	Carrick Men's Group	9-11	Weekly	No	n/a
<b>Mon</b>	Golden Oldies Movie Club	2 - 4	Fortnightly	No	01655 884032
<b>Tue</b>	<a href="#">Maybole &amp; District Town Twinning</a>	7:30—9	3rd Tuesday of month	No	n/a
<b>Thu</b>	Maybole & District Senior's Forum	1-3	Monthly	No	n/a
<b>Thu</b>	Senior's Forum Lunch Club	12-2	Weekly	No	n/a
<b>Fri</b>	Big Babies	2-4	Weekly	No	n/a
<p>For more information about any of these services, or to make an appointment, please contact Maybole One Stop Shop or phone them directly.</p> <p>If you are viewing this newsletter online, click on the name of service to go to their webpage for more details.</p>					

